



#### Clinical Trial Details (PDF Generation Date :- Wed, 21 Aug 2013 10:00:03 GMT)

**CTRI Number** CTRI/2012/08/002930 [Registered on: 29/08/2012] - Trial Registered Retrospectively **Last Modified On** 07/08/2012 **Post Graduate Thesis** No Type of Trial Interventional Type of Study Nutraceutical **Study Design** Non-randomized, Active Controlled Trial **Public Title of Study** Study of vitamin K2-7 (MK-7) in patients with diabetic peripheral neuropathy and/ or megaloblastic anaemia An open labeled study of vitamin K2-7 (MK-7) in patients with diabetic peripheral neuropathy and/ or Scientific Title of

Study

megaloblastic anaemia

Secondary IDs if Any

Secondary ID	Identifier	
VBP-VITAMIN K2-7 (MK-7)/08 (STUDY B)	Other	
Date:September 2008		

**Details of Principal** Investigator or overall **Trial Coordinator** (multi-center study)

Details of Principal Investigator		
Name	Dr Vrinda Kulkarni	
Designation	Professor & Head of Unit Department of Medicine In-Charge Clinical Haematology	
Affiliation	B. Y. L. Nair Charitable Hospital	
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**Details Contact** Person (Scientific Query)

Details Contact Person (Scientific Query)		
Name	Dr Yogesh Dound	
Designation	Medical Director	
Affiliation	Viridis BioPharma Pvt. Ltd.	
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**Details Contact** Person (Public Query)

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Details Contact Person (Public Query)			
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Source of Monetary or		Source of Monetary	or Material Support	
Material Support	> Viridis BioPharma Pvt. Ltd.			
Primary Sponsor	Primary Sponsor Details			
	Name Viridis BioPharma		Pvt Ltd	
			rial Complex, V.N. Purav Marg, Chunabhatti, , India Tel: +91-22 24055607-09 Fax: +91-22 riridis@vsnl.com	
	Type of Sponsor	Pharmaceutical inc	dustry-Indian	
Details of Secondary	Name		Address	
Sponsor	NIL		NIL	
Countries of	List of Countries			
Recruitment	India			
Sites of Study	Name of Principal Investigator	Name of Site	Site Address	Phone/Fax/Email
	Dr Vrinda Kulkarni	B. Y. L. Nair Charitable Hospital	Department of Haematology, Room No. 403, College Bldg. Dr. A. L. Nair Road, Mumbai - 400008 Mumbai MAHARASHTRA	02223027000 02223072663 vrindaklr@yahoo.com
Details of Ethics Committee	Name of Committee	Approval Status	Date of Approval	Is Independent Ethics Committee?
	Ethics Committee	Approved	02/07/2010	Yes
Regulatory Clearance	Status		Date	
Status from DCGI	Not Applicable		No Date Specified	
Health Condition /	Health Type		Condition	
Problems Studied	Patients		Neuropathy occuring because of Megaloblastic Anaemia, Type 2 Diabetes Mellitus	

**Problems Studied** Intervention /

**Comparator Agent** 

Туре	Name	Details
Intervention	'	Each capsule of 100 mcg to be given two times in a day orally after food for 8 weeks.

#### **Inclusion Criteria**

Inclusion Criteria		
Age From	age From 18.00 Year(s)	
Age To	60.00 Year(s)	
Gender	Both	
Details	1.Adult male and non-pregnant female patients of the age group 18-60 years 2.Confirmed diagnosis of vitamin B12 deficiency and/or Diabetes Mellitus including pre-diabetics as per WHO criteria 3.Clinical and/or laboratory evidence of peripheral neuropathy 4.No history of drug allergy or significant vitamin K intake 5.Willing to give informed consent	

### **Exclusion Criteria**

Exclusion Criteria		
Details	1.Any major systemic illness.     2.Glycosylated hemoglobin more than 9 and Sugar Fasting more than 250 mg%	



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	3.Patient who are on anti coagulant drug 4.Patient who are on any concomitant medication of neurotoxic or anti-peresthetic drug 5.Patient with sever acute illness 6.Person who are addicted to alcohol		
Method of Generating Random Sequence	Not Applicable		
Method of Concealment	Not Applicable		
Blinding/Masking	Open Label		
Primary Outcome	Outcome Timepoints		
	The primary objective of the study is to evaluate the activity and tolerability of vitamin MK-7 in patients of diabetes and Megaloblastic anaemia with peripheral neuropathy	Activity and tolerability of vitamin MK-7 in patients of diabetes and Megaloblastic anaemia with peripheral neuropathy after 8 weeks of treatment	
Secondary Outcome	Outcome	Timepoints	
	The secondary objective will be sharply focused on the role of vitamin MK-7 in ameliorating the residual neuropathy symptoms after adequate correction of the underlying inciting event. A record will be maintained of some of the features such as hyper pigmentation, muscle cramps and fatigue for any effect of the intervention	The secondary objective will be sharply focused on the role of vitamin MK-7 in ameliorating the residual neuropathy symptoms after adequate correction of the underlying inciting event. A record will be maintained of some of the features such as hyper pigmentation, muscle cramps and fatigue for any effect of the intervention after 8 weeks of treatment	
Target Sample Size	Total Sample Size=30 Sample Size from India=30		
Phase of Trial	Phase 4		
Date of First Enrollment (India)	17/02/2010		
Date of First Enrollment (Global)	No Date Specified		
Estimated Duration of Trial	Years=3 Months=0 Days=0		
Recruitment Status of Trial (Global)			
Recruitment Status of Trial (India)	Open to Recruitment		
<b>Publication Details</b>			
Brief Summary	This is an experiential study in ambulatory patients being regularly treated and followed up on OPD basis, the design will be open – labeled , non-randomized but with careful criteria of inclusion and exclusion.		
	Total number of subjects: 30		

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Evaluation parameters: Efficacy, tolerability & safety of Vitamin K2-7.

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